

Focus Flex Starter Checklist

Focus Flex is a flexible cleaning service designed for homes that already have their own cleaning supplies and equipment. You'll supply the essentials, and we'll provide a professional, fully trained cleaner to deliver the same trusted Focus Cleaning standard with a smarter, more flexible approach.

Here's everything you need for your first Focus Flex clean — most of these items will last for many visits.

Cleaning Products

ITEM	SUGGESTED PRODUCT	APPROX. PRICE	NOTES
☐ Glass cleaner	Coles Ultra Glass Cleaner, 750mL	~\$3.00	Windows, mirrors, shower screens
☐ Multi-purpose cleaner	Coles Ultra Multipurpose Cleaner, 750mL	~\$3.25	General surfaces, kitchen & bathroom
☐ Cream cleanser	Jif Cream Multipurpose Cleaner, 500mL	~\$4.20	Scrubbing sinks, stovetops & tough stains — often on special
☐ Bleach	Coles Ultra Disinfectant Bleach Cleaner, 1.25L	\$2.60	Toilets, tiles, disinfecting
☐ Disinfectant	Coles Ultra Antibacterial Spray or similar	~\$3.50	Surfaces where bleach isn't suitable (wood, some finishes)
☐ Dishwashing detergent	Coles dishwashing liquid	from \$2.55	Sink, dishes if needed
☐ Sponge	Coles brand sponge/scourer pack	from \$1.00	Kitchen & bathroom, keep separate

Cloths & Tools

ITEM	SUGGESTED PRODUCT	APPROX. PRICE	NOTES
☐ Cleaning cloths	Simply Clean Microfibre Cloths, 20 pack	\$9.00	Min. 10 cloths — buy 2 colours to separate kitchen/bathroom use
☐ Shower squeegee	Small handheld shower squeegee	~\$5.00	To dry the shower box/glass after use
☐ Mop	Flat mop + handle	~\$15.00	Flat mop preferred over string/spin mop

Vacuum

- 0 Must be a **corded (plug-in) vacuum** — not a cordless/battery vacuum. Most Sydney homes already have one, so no need to buy a specific model.

You provide the products and equipment on this list. Focus Flex sends a fully trained Focus Cleaning professional to your home to use them — because you're covering the consumables, you pay a lower rate for the service.

Approx. total setup cost: around \$45–\$55 for consumables/tools (excluding vacuum, which most homes already have), typically lasting several cleans. Any equivalent product to the ones suggested is fine.

Prices are indicative only, collected from Coles, Kmart and Bunnings in July 2026 — please confirm current prices in-store or online, as they change with location and promotions.

Once your supplies are ready, you're all set. Your Focus Flex cleaner will bring the experience, professionalism and attention to detail that Focus Cleaning is known for.